

## **Plainview Mattlin Middle School**

## WHITSONS CULINARY GROUP FAMILY OF COMPANIES WWW.WHITSONS.COM

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Monday	Tuesday	Wednesday	Thursday	Friday
3 Veggabol BBQ Chickpea Rice Bowl Company Homemade Mac & Cheese Company Crispy Potato Puffs Applesauce Fresh Orange VEGGABOLS Celery	4 Ranch & Chicken Quesadilla Cheese Quesadilla  Green Beans Diced Peaches Fresh Orange	5 Wing Shack Chicken Wings Carrot Sticks Celery Diced Pear Cup Fresh Orange	General Tso Chicken Noodle Bowl  Chili Roasted Garbanzo Beans Diced Pear Cup Fresh NY Local Apple	7 Cheesy Stuffed Bread Sticks @ Marinara Sauce Caesar Salad Fresh Orange Sliced Apples
10 Veggabol BBQ Chickpea Rice Bowl  Chickpea Rice Bowl  Homemade Mac & Cheese  Crispy Potato Puffs Applesauce Fresh Orange	11 Mission Burrito 🤌 🚷 Chilled Red Pepper Strips Diced Pear Cup Fresh Orange Celery	12 Whole Grain Pancakes with Sausage Sweet Potato Fries Applesauce Fresh NY Local Apple  IT'S STUDENT APPRECIATION DAY	Salsa Confetti Garbanzo Bean Salad Diced Pear Cup Fresh Orange Celery	Pizza Crunchers Marinara Sauce Dip Roasted Broccoli Garden Salad Diced Peaches
Veggabol Lo Mein Chickpea Noodle Bowl & & & Mozzarella Sticks & Crispy Potato Puffs Applesauce Fresh Orange	18 Nachos Grande 🤌 Sour Cream Fiesta Corn Black Beans Fresh NY Local Apple	19 Famous Chicken and Pasta 🤔 Glazed Carrots Diced Peaches Fresh NY Local Apple	20 Sausage, Egg & Cheese Burrito* Black Beans Diced Peaches Fresh NY Local Apple	21 Cheesy Stuffed Bread Sticks  Caesar Salad Marinara Sauce Diced Peaches Fresh NY Local Apple
Veggabol Lo Mein Chickpea Noodle Bowl 6 6 Homemade Mac & Cheese 6 6 Crispy Potato Puffs Applesauce	25 Mac & Cheese with Spicy Beef  Homemade Mac & Cheese  Fiesta Corn Fresh NY Local Apple Diced Pear Cup	26 Homemade Pasta & Meatballs 😏 Steamed Carrots Diced Peaches Fresh NY Local Apple	27 Chicken & Cheese Quesadilla Or Cheese Quesadilla  With Salsa And Sour Cream Confetti Garbanzo Bean Salad Fresh Orange	Marinara Sauce Dip Caesar Salad Diced Peaches Fresh NY Local Apple Garden Salad
31	Per			

**SCHOOL** CLOSED TODAY

> View this menu on the mobile app, FDMealPlanner, or on the web at www.FDMealPlanner.com.

\*Consuming raw or under cooked meat, poultry, seafood, shellfish or eggs may increase your risk of food borne illness, especially if you have certain medical conditions.

\*\*Menu is subject to change, notice posted when available.

\*\*\*In accordance with federal civil rights law and U.S. Department of Agriculture (USDA) civil rights regulations and policies, this institution is prohibited from discriminating on the basis of race, color national origin, sex (including gender identity and sexual orientation), disability, age, or reprisal or retaliation for prior civil rights activity. This institution is an equal opportunity provider.



Meal Prices: Paid \$3.20 Reduced \$0 Milk \$0.60 Gluten free/Vegetarian options available For more information email General Manager Megan McDonnell at

veretoram@whits Wade With

Available Daily: Asst. Pizza, Hamburger/cheeseburger, asst. chicken patty, WG bagel w/yogurt, asst. Yogurt parfaits, asst. sandwiches, asst, salads. Daily fruit/vegetables: Apples, oranges, pears, bananas and asst. 100% juice Available milk: 1% white, fat free white, fat free

chocolate







BRUNCH FOR LUNCH TODAY!